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August 25, 2000

Office of Special Nutritionals (HFS-450) Center for Food Safety & Applied Nutrition Food and Drug Administration 200 C Street SW Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as 30-day notification, pursuant to section 403 (r)(6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Name and address of Dietary Supplement Manufacturer:

Twin Laboratories, Inc. 150 Motor Parkway Hauppauge, NY 11788

Text of statement being made: "Nutritional support for Menopausal Women."

Dietary supplement ingredients: Vitamin E, Soy Germ Concentrate, Chasteberry Fruit, Black Cohosh Root, Wild Yam Root Extract, Don Quai Root Extract, and Boron.

Dietary supplement brand and name: Twinlab Today's Woman MENOPAUSAL FORMULA.

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories, Inc., has substantiation that the statement is truthful and not misleading.

Executive Vice President Twin Laboratories, Inc.

Enclosures

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